

# **“ONE RULE”**

Simple Secrets to Success and Better Relationships

By Howard Wand

## **Book Premise and Introduction:**

Howard Wand’s self-help book is about developing personal and professional relationships using “One Rule” that will lead to success in your chosen endeavor, and contribute to personal happiness by achieving your goals.

The book helps you to discover two things we seek in life above all else. First is to be successful at something of personal value, defined and measured differently by each person whether seeking fame or fortune. Second is attaining personal happiness through understanding and accepting ourselves. It is realizing that you come into this world under different circumstances, environments, heritage, wealth, or status, and ultimately you are in charge. Accepting and respecting who you are, and improving the hand you were dealt, leads to personal happiness through the application of “One Rule.”

It provides guidelines upon which you can build and maintain better personal and business relationships, and reach the goals you established. It will help you to understand your spouse, partner, friends, and associates, and most importantly, yourself.

Open “One Rule” to almost any page and discover another useful secret. It is a book for many ages because you are never too young or too old to redirect yourself. Life is yours to live, to error, to forgive, and to be whatever you decide to be. Tomorrow is just a promise, but today you live for real. Don’t let it slip away.